

## Care institute – Care treatments 2018

**New release for 2018: “ILE DE RÉ Stopover”** Sauna/Hammam (30 min), back sculpting (30 min) and fruit cocktail - €69/pers.

### Facial care

- **Facial sculpting (30 min)** €39  
Relaxing and drains using argan oil
- **Rapid cleansing (30 min)** €45  
Your skin is thoroughly hydrated and feels better
- **Special facial care (1 h)** €65  
For all skin types: your skin is deep-cleansed

### Sculpting

- **Back sculpting (30 min)** €39
- **Chinese foot reflexology (30 min)** €45  
Body balance, extreme relaxation
- **Relaxing sculpting (30 min)** €49  
Back of the body: From the scalp to the arch of the foot
- **Californian sculpting (1 h)** €69  
Soft and relaxing strokes on the whole body (fragrant oil of your choice)
- **Massage with hot argan oil (1 h)** €79  
Scented argan oil: oriental fragrance, orange blossom, ylang-ylang, Nile scents
- **Ayurvedic Thai Abhyanga massage (1.5 h)** €79  
Relaxation from India. Combine Shitsu and reflexology

### Body care

- **Back wellness treatment (1 h)** €69  
Cleansing, exfoliation, sculpting and moisturisation
- **Body scrub (1 h)** €69  
Scented alum stone: figs and dates + moisturisation
- **HAMMAN ritual (1.5 h)** €95  
Gentle steaming in the hammam and exfoliation with black soap followed by argan oil sculpting

## ”Stopover” packages

- **RELAXATION stopover (1.5 h)** €99  
Relaxing sculpting + facial sculpting + rapid cleansing
- **COCOONING stopover (1.5 h)** €99  
Hot oil sculpting + rapid cleansing
- **ZEN stopover (1.5 h)** €99  
Special facial care 1 h + Chinese foot reflexology

## Hand and foot care

- **Nail painting** €20
- **Hand care** (exfoliation, filing, cuticle removal and moisturisation - 1h) €49
- **Foot care** (exfoliation, filing, cuticle removal and moisturisation - 1h) €59

## Hair removal

**Exclusive treatment:** Oriental hair removal with **honey**  
Our paste made uniquely of honey (100% natural product) is at body temperature. Regrowth is slower and suppler.

- **Face** (choice of eyebrows, lips or chin) €12
- **Whole face:** eyebrows, lips and chin €25
- **Nape, shoulders or forearms** €19
- **Armpits** €15
- **Standard bikini line** €20
- **Indented bikini line** €25
- **Whole bikini line** €29
- **½ legs** €19
- **Thighs** €22
- **Whole legs** €29
- **Back or upper body** €39
- **Package: ½ legs + bikini line + armpits** €45
- **Package: ½ legs + whole bikini line + armpits** €55
- **Package: Whole legs + bikini line + armpits** €59
- **Package: Whole legs + whole bikini line + armpits** €69

Our beautician, **Laura**, will be happy to give you the best care. For your convenience, we encourage you to book your treatment in advance. For more information, do not hesitate to contact us on +33 (0)5 46 30 23 55, and we will be glad to help you